

## February 2016 North Texas Coaches Newsletter

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### February 12 Luncheon

Register at [www.icf-nt.com](http://www.icf-nt.com)  
or click on Registration Button

**Register for the  
February 12 Luncheon**

**Pay for this event online  
when registering**

#### Meeting Details

**Time:** 11:15 AM to 1:15 PM

**Location:** Hackberry Creek  
Country Club

**Address:** 1901 W. Royal Lane,  
Irving, TX

**Phone:** 972.869.2631

**Web:** [www.hackberrycreekcc.com](http://www.hackberrycreekcc.com)

### February 12 ICF North Texas Coaches Luncheon

#### February 12 ICF North Texas Luncheon Program

#### Coaching for Careers in Today's World

By Mina Brown and Telvin Jeffries

***The world of careers has changed while you were sleeping: What do you need to know to help your clients navigate these choppy waters?***

Join us at our February 12 luncheon to learn new perspectives around coaching your clients through the choppy waters of career enhancement, enrichment and progression. The dynamics of our world have changed so much in the last 10 years. Professional services have become narrowly specialized and highly fragmented and technology has interceded in new and impacting ways, creating a complex environment that is changing by the minute.

**Mina Brown**, MBA, PCC, BCC, is an experienced and insightful executive coach, career consultant, author, trainer, public speaker, and entrepreneur. As president of Positive Coach LLC, Mina offers individual and enterprise-wide executive coaching, and through Coach Academy International, she provides ICF and BCC accredited coach training. As a former senior operations executive and CFO, she offers the powerful combination of successful business leadership coupled with intuition, unflinching candor, and well-honed organizational skills. Mina is recognized for her focus on tangible business outcomes.



**Telvin Jeffries** is a Global Chief Human Resources Officer who has been driving organizational development and change for over 20 years. He has overseen leadership and development, talent acquisition, performance management, total rewards, and employee onboarding and exit strategy at the enterprise level for as many as 140,000 employees at 1,000+ locations. Telvin has served on numerous boards and served as Co-Chair of MiKE, an initiative of the Greater Milwaukee Committee, creating and supporting programming that fosters the development of an innovative workforce in the greater Milwaukee area.



Whether you are an Internal or External Coach and whether you specialize in Career Coaching or not, you will find value in this program. As coaches, we all deal with these complex issues with our clients.

#### Program Description:

Mina and Telvin will bring a fresh perspective to this changing world through discussion of:

- The **trends and massive changes** that have and continue to impact our clients—understand the new ethos of career navigation

*Continued on Page 2 . . .*

## February 12 ICF-NT Luncheon (Continued)



### Would you would like to...

- Move from stuck to bold action
- Discover your key purpose
- Clarify your vision
- Create an action plan & allies

**The Bigger Game Experience, an intimate 2-day workshop,** guides you to design who you want to become and the life and work you **want to have!**

**15.25 CEUs**

**Facilitators:** Certified Bigger Game Trainers Katherine Bock and Geri England work with clients to create breakthroughs in life, career and business.

**April 2-3, 2016**  
Element Hotel Irving, TX

**Price: Early bird \$595**  
**After Mar 1: \$525**

**Register:**

<http://careertalentcoaching.com/biggergame>

**For more information:** (214) 349-5401 or (214) 789-5910



**Experienced  
Coaching Support**

**Call (972-607-3692)**

or email  
info@  
kismetvirtualassistants.com

**today for details on  
how we can help you  
achieve your Goals.**

*Continued from Page 1 . . .*

- The **employer's view** of managing the **talent pipeline**. What are your clients facing and how do you coach them?
- The **art of career advancement** inside a company—top things you must know to support your clients
- Becoming skilled at job change in a changing world. Coaching your clients in developing a **free agency mindset**
- Coaching the skills of '**money talk**' and '**graceful exits**.'
- Coaching the skills of **job acquisition** and insight into available **tools**—what is good and not so good
- How to use career coaching to **expand your business**

### **Objectives to Support and Enhance Your Client Coaching:**

Create a fresh and updated view of the challenges your clients face in the changing world of career development.

- Understand the employer's perspective of managing the talent pipeline.
- Enhance your coaching dialogue.

### **Core Competencies Covered in this Program:**

- Communicating Effectively through
  5. Active listening for the mindset shifts
  6. Enhancing your Powerful Questions
  7. Creating shifts through Direct Communication
- Facilitating Learning and Results
  8. Creating Awareness of the new world of career planning, advancement and development

**ICF CCEUs for this Program:** 1 Core Competency

### **Special Note:**

#### **Business Development Community of Practice Meeting**

**February 12**

**Starting at 1:15 PM**

**(directly following our luncheon speaker)**

Let's get together for a short meeting and continue our great conversation around what you want for our new Business Development Community of Practice.

### **ICF-NT Seeks Board Member for "Technology" Role**

Want to exercise your creative muscle? Have your journalistic skills never been fully appreciated?

The ICF-NT Board has a role for you! We're looking for someone to provide supervision on the website. You don't have to write code or understand pixels. (Although you do have to talk with the technicians who do those things.) Interested?

If so, contact Randy Fernandes at [weallmakechoices@yahoo.com](mailto:weallmakechoices@yahoo.com).

Would you like to have...

New Skills  
Added Revenue  
Expert Tools

Become a

**CERTIFIED  
CAREER MANAGEMENT COACH**



**COACH ACADEMY  
INTERNATIONAL**

**24 hours CCEUs**

**Two back-to-back modules:**

I. The Revolution in Career Planning and Job Search Process

II. Successful Career Tools: Hook, Line & Sinker

**Introductory Pricing**

**One module \$495**

**Both modules \$795**

**April 7 - 9, 2016**

Call for more information:  
972-733-9963

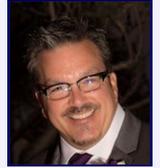
[CoachAcademyInternational.com](http://CoachAcademyInternational.com)

*Just a friendly reminder to please complete the payment for your monthly meeting reservation at the time you make your reservation in order to earn the early registration price and to be sure we've ordered a meal for you.*

## President's Message

Hi Coaches,

The month of January is behind us and it is time to put all our plans into action. It was great to hear the membership state our chapter's vision and mission out loud at the beginning of our January program.



### Vision

ICF-NT will be known as the leading resource for the coaching community and the organizations and individuals it serves, providing:

- A collaborative network of credentialed coaches
- Continuing education
- Impactful contributions to the coaching profession

### Mission

Grow and develop a competent coaching community that drives results for coaches and those they serve.

We move into February, which is the month we celebrate love and relationships. Coaching is all about love, the love of human growth. ICF coaches truly care about their clients. We love to see our clients set lofty goals to achieve their dreams and work to reach these goals. We love setting our own goals while working with our clients in order to achieve *our* dreams. We love change and all the progress that accompanies this.

Look for some subtle changes this year within the chapter. We hope you'll love how hard your board and fellow members are working to maximize your ICF North Texas experience.

One of my favorite quotes is from one of the winningest coaches in all of college football, Eddie Robinson:

***"Coaching is a profession of love. You can't coach people unless you love them."***

Its original context was around athletics and I think it applies here also.

Keep the love flowing and embrace life!

**Randy Fernandes, CPCC, ACC  
ICF-NT Chapter President**

## Be a Coach for HR Professionals in Transition

We are in our second year of partnership with DallasHR, the DFW chapter of SHRM, to provide pro bono coaching support to its members who are "in transition," (i.e., currently unemployed and searching for a new role). The demand for coaches in this program is starting to rise and we need more volunteer coaches.

The commitment is six hours of coaching over the course of three months, for an individual client. If you are interested, please contact Nihar Chhaya at [nihar@partnerexec.com](mailto:nihar@partnerexec.com).



### Get World-Class Coach Training from Experts in the Field

- ✓ Our Programs are ICF Approved and Accredited
- ✓ All our Trainings are In-Person and Highly Interactive
- ✓ We Have Decades of Experience to Share With You

www.EnvisionCoachTraining.com



#### ICF-NT 2016 Board

**President:** [Randy Fernandes](#)

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**Secretary:** [Catherine A Oleksiw](#)

**Treasurer:** [Mike Caracalas](#)

**VP of Alliances:**  
[Stephen Coxsey, MA, PCC](#)

**VP of Membership:**  
[Timothy S. Kincaid](#)

**VP of Prism Program:**  
[Pamela Van Dyke, PhD, PCC](#)

**VP of Programs:** [Laurel A Rolls](#)

**VP Public Relations:** [Erika Horton](#)

**VP of Technology:**  
[TBD](#)

**Ambassador Coordinator:**  
[Alma Weaver Jones](#)

**ICF Regional Liaison:** [Sara C Smith](#)

## February 11 ICF-NT (Free) Webinar

### February 11 ICF North Texas (Free) Webinar

#### Meet Your Inside Team

By **Cynthia Loy Darst, MCC**

**12:00 PM**

We all know the frustration of trying to make a change in our lives, only to find our good intentions derailed along the way. While some obstacles may be external, most of what gets in the way comes from inside—from the differing positions and opinions of the “Players on your Inside Team.” By discovering who is on this team and how the game is played we can gain new awareness and return to conscious choice and aligned action.

Join **Cynthia Loy Darst** for a fun, playful and powerful taste of her work called The Inside Team. This exploration will be useful for both you and your clients!

Register for this *Free* Webinar [online](#) today!

## February 25 ICF-NT Regional Rendezvous

### February 25 ICF North Texas Regional Rendezvous

**Thursday, February 25, 2016**

**5:30 – 8 PM**

**Coffee House Café  
6150 Frankford Road in Dallas**

*Rendezvous: This lovely French word means  
“A place where many people go to spend time.”*

The regional rendezvous are evening networking opportunities at different locations throughout the Metroplex. Our first one this year will be on Thursday, February 25, at the Coffee House Café, 6150 Frankford Road in Dallas. Stop by between 5:30 and 8 PM for hors d'oeuvres and great company. You may order wine or beverages from the menu.

Please register online [here](#), so we know the attendance for catering.

#### TACT is Looking for Helpful People

Becoming part of TACT (The Ambassador Calling Team) is an easy way to learn about what is going on in our chapter and connect to our ICF-NT coaching community.

TACT is looking for volunteers to personally invite members to our chapter events. The monthly calls take about 30 minutes and talking points are provided.

Judy Clothier can tell you more about this and get you started. Reach Judy at: [judympcou@sbcglobal.net](mailto:judympcou@sbcglobal.net).

**Welcome to Our  
ICF North Texas  
New Members**

**Dec 19 – Jan 15**

Patricia Alva-Green—Ft Worth, TX  
Debra Austin—Plano, TX  
Mitchael Hennessey, Burleson, TX  
Eduardo Araujo Silva—Irving, TX

**Member News**

*Two of our members have received PCC (Professional Certified Coach) or ACC (Associate Certified Coach) credentials from ICF:*

**Steven Sosland, ACC  
Bret Wells, PCC**

*Congratulations to  
Steven and Bret!*

**Are you newly  
Credentialed?**

Have you recently earned an ICF Coaching Credential?

Your ICF-NT Chapter wants to recognize your achievement.

Please email Timothy S. Kincaid ([memberships@icf-nt.com](mailto:memberships@icf-nt.com)) so your professional organization can recognize your accomplishment.

**PRISM Points!**

**PRISM Points!**

**Date:** October 2016

**Location:** TBD

Building on the success of PRISM 2015, we are excited to announce that PRISM 2016 is scheduled for October 2016. As soon as we secure a venue we will let you know the exact date and more particulars.

What is PRISM? It is an all-day event that provides those interested in coaching the opportunity to:

1. Learn how organizations embed coaching into their culture
2. Network with other coaching professionals
3. Experience a ceremony that awards exemplary organizations who have successfully embedded coaching into their culture.

You won't want to miss this very affordable experience so make plans now to attend!

If you would like to know more about PRISM or be on the task force, please contact:

Pam Van Dyke / 817-726-9948 / [pam@vandykeresourcegroup.com](mailto:pam@vandykeresourcegroup.com)

**ICF North Texas Coaches Upcoming Programs**

**Friday, March 18 ICF-NT Luncheon Program**

**Are You Walking on Egg Shells with Your Clients?  
How to Bring Intimacy, Vulnerability, and Courage to the Coaching Relationship**

**By Cynthia Loy Darst, MCC**

*This program is all about dealing with difficult clients.*

1 Core Competency in process

**Saturday, March 19 ICF-NT Power-Packed Workshop**

**9:30 AM – 5:30 PM**

**The Top Traps of Experienced Coaches  
(And How to Get Out Without Chewing Off Your Arm!)**

**By Cynthia Loy Darst, MCC**

*This workshop is a dynamic day of experiential fun and irreverent challenge, guaranteed to arouse your creativity and get you painlessly out of your traps!*

6.5 Core Competencies



### ICF Global News

Please click [here](#) to read the latest ICF Global News!



### Leverage the ICF Brand

The ICF has invested in great marketing and brand work that is available for use by members. Check out what is available and proudly display your membership in the strongest coaching organization on the planet!



## International Coaching Week

### International Coaching Week

Every year in May, ICF Global plans International Coaching Week (ICW) as a weeklong celebration of the coaching profession. We incorporate our chapter focus on ICW into our May luncheon meeting to update members on opportunities for spreading the word about coaching and sharing the power of coaching with the community.

Building on the enthusiastic response that members had to the model Marcia Zidle designed for last year's program, we again want to offer ongoing pro bono coaching opportunities. To have a variety of volunteer options available, we would like to hear from you about organizations you are aware of that would be open to welcoming a coaching initiative.

Please be an ambassador for our chapter if you can. When you have an organization in mind and are able to be a connector for the chapter, please contact the board's new facilitator of Alliances, Steve Coxsey, at [steve@stevecoxsey.com](mailto:steve@stevecoxsey.com). Help us bring the transformational power of coaching to people who are serving our community.

## News from ICF Global

### New ICF Leadership Institute

There is a new ICF Leadership Institute that has been designed and implemented by the ICF Maryland chapter and is available to any current ICF member. The institute is four 90-minute webinars to help coaches expand their leadership on a broader stage. Sessions begin on January 15 and include:

**Engaging and Inspiring People:** (members, the public) i.e., influencing skills, facilitation techniques, establishing clear roles. (Presenter Damian Goldvarg, MCC, Global ICF President/Chair 2013-2014. Wednesday, February 10, 2016).

**Leadership Presence:** i.e., ethics, character, values, impact, managing self for transformation; thinking strategically: i.e., strategic planning, vision, creating outcomes. (Presenter Cheryl Vermey, PCC, Former Global ICF Board Vice President and Chair of High Performing Organization (HPO) Committee. Wednesday, March 9, 2016).

**Fostering Collaboration and Managing Conflict:** i.e., cultural competence, encouraging diverse teams, shared credit, and effective communication. (Presenter Ed Modell, PCC, ICF Global President 2011 and ICF Metro DC Chapter President 2005. Wednesday, April 13, 2016)

Enrollment is limited, so now is the time to consider it. Attendees can earn CCEUs. To learn more about this exciting offering and to sign up, follow this link:

<http://icf-md.com/meetinginfo.php?id=65&ts=1449256646>.

## Communications About Coach Training Programs

### Publicity for ICF-Approved Coach Training Programs

Periodically you receive emails about ICF-approved coach training programs.

Two email blasts a year are made available to ACTP or ACSTH programs recognized by the International Coach Federation. In addition, these programs must have at least one full member of the ICF North Texas chapter who is in a sales, administrative or faculty position.

This effort aligns with our chapter mission to *"Grow and develop a competent coaching community that drives results for individual coaches and those they serve."*

Any questions about this should be directed to the VP of Membership at [memberships@icf-nt.com](mailto:memberships@icf-nt.com).

## Update Your Member Profile on the ICF-NT Web Site

### Update Your Member Profile Membership in ICF-NT Has its Benefits

The ICF-NT Board has responded to requests from our members for an enhanced "coach" search capability. The enhancement to the member Directory on the website is finished. When people look for a coach on the ICF-NT website, they can now search by key words as well as zip codes. Sounds good, doesn't it? The ICF-NT Member Directory has new and enhanced search capabilities. These "search" criteria are similar to global ICF member profile Directory data points.

It is up to you to *update your Profile*. Follow the instructions below or go to the website and download a copy of the instructions found in the "Members Only Section" and "Member Only Documents." Follow these instructions:

#### Step 1:

Login to the ICF-NT website. In the upper Right hand corner find "Profile." Click on Profile, which opens to a web page with five dialog boxes.

"Membership Summary" is the top box and it should reflect your current status. If you have a question about your membership, please contact Kathleen Klaviter: [kathleen@klaviterconsulting.com](mailto:kathleen@klaviterconsulting.com).

#### Step 2:

Look at the "Website" box (right column, top box). Click on "Interests." Move your cursor down to "Interests" and update your information in the two boxes on this page.

In the first box, "Coaching Specialties," there are now seven *Coaching Specialties*. Check the boxes of the items that apply to you. The last choice under "Coaching Specialties" is *Available for Speaking or Training Engagements*. Check that box if it applies to you. In the second box, "Coaching Delivery," has four methods to choose. Check all that apply.

When you finish checking your boxes on this page, scroll down and hit the "Save" button. You should receive a confirmation notice that your changes were saved.

#### Step 3:

Look at the "Personal Info" box (left column, top box). Click on "Contact Info." You will want to update the information on this page. Scroll down and hit the "Save" button at the bottom of the page. You should receive a confirmation notice that your changes were saved.

When updating your contact info, "Website" means your personal website. Enter the full url: <http://www.etc>.

#### Step 4:

In the same "Personal Info" Box, move your cursor down to "Additional Membership Data" and click on it to update your information. Then scroll down and hit the "Save" button at the bottom of the page. You should receive a confirmation notice that your changes were saved.

#### Step 5:

In the same "Personal Info" Box, move your cursor down to "Membership Directory" and click on it to update your information. (See the Note on Membership Directory information below.) The information here is what shows on the website. Scroll down and hit the "Save" button at the bottom of the page. You should receive a confirmation box that your changes were saved.

Note on the Social Media sections of Membership Directory:

FB = Facebook. Only enter your name, not the full url.

LI = LinkedIn. Per ICF-NT, enter everything after the [www.linkedin.com](http://www.linkedin.com).

Twitter: This is your username—everything after the @ on Twitter.

**NOTE:** The "Membership Directory" information is now key word searchable. You will want to include important search terms in your directory information. One possibility is to include an extra paragraph at the bottom. Start with the phrase, "Keywords:" and then include the terms separate by a comma. For example: Keywords: Career coaching, young adults, entrepreneurs, solopreneurs, business plans, business designs, financial coaching, marketing.

## Upcoming Chapter Meetings and Programs

**YOUR COMPANY NAME**



Advertise your services,  
offer your books,  
or tout your expertise to  
ICF-North Texas members

Sign up now to advertise in both  
our monthly newsletter and on  
our web site for only:

\$100 quarterly for members and  
\$150 quarterly for non-members

Discounts for submissions  
extending beyond quarterly

- ✓ High Res (300 dpi) jpeg ad
- ✓ jpeg no wider than 250 pixels
- ✓ Ads are subject to approval  
of ICF-NT's Board
- ✓ Artwork and content must be  
approved and payment made  
prior to placing ad

Contact Mike Caracalas today  
([treasurer@icf-nt.com](mailto:treasurer@icf-nt.com))  
to have your ad posted

February 11	ICF-NT Noontime FREE Webinar. <i>Meet Your Inside Team</i> . Presented by Cynthia Loy Darst, MCC. Register for this Free Webinar <a href="#">online</a> .
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Saturday March 19	ICF-NT Full-Day Workshop. <i>The Top Traps of Experienced Coaches (and How to Get Out Without Chewing Off Your Arm!)</i> . Presented by Cynthia Loy Darst, MCC. Location is TBD. More information will be forthcoming in the weeks ahead.
Saturday April 9	ICF-NT Monthly Program from 10:00 AM to 4:00 PM at Wheel O' Life Equine Sanctuary. This program is in lieu of our regular Friday luncheon. This day will bring you a new perspective on how your energy impacts your clients' results.
May 13	ICF-NT Luncheon Program. <i>Coaching Week</i> . Stay tuned for additional details.

### Tell Us About Your Coaching Success Stories!

We'd like to hear about your coaching success stories—the successes of your coaching business and especially your clients' successes. These are an integral part of our ICF North Texas Coaches story. Your experiences remind us of our mission to grow and support a professional coaching community that drives results for individual coaches and those they serve. And sharing your story could help others.

Please take a minute to tell us about a positive experience you've had as a Coach. All stories will be reviewed and documented, and with permission, we may share your story online or in one of our ICF-NT publications.

If you're willing to share your story, please contact [PR@icf-nt.com](mailto:PR@icf-nt.com).

Thanks!

International Coach Federation—North Texas Chapter

[www.icf-nt.com](http://www.icf-nt.com)

Follow us on:

